



SEPTEMBER "Every Student...A Success!" 3551 Crestview Avenue, Abbotsford, BC, V2T6T5 - 604.856.7342 - davekandal.abbyschools.ca -Principal: Mr. Baljit Sekhon • Administrative Assistant: Mrs. Tamara Penner

## KANDAL'S NEWSLETTER FOR OCTOBER 2022

KANDAL'S PARENT ADVISORY EXECUTIVE for 2023-2023

President: TBD

Secretary-Treasurer: TBD

School Closures: School District: Abbotsford School District OR 604-859-4891 OR www.abbynews.com

Please note that Dave Kandal is a "**Peanut Aware School**". However, Division 5 (Ms. Lamb) & Division 6 (Mr. Poirier) are **NUT FREE ZONES**. Students in these classes should not be bringing food items containing nuts to school.

We ask you to enjoy your nut products at home to avoid complications for students with nut allergies.

## KANDAL'S SCHOOL CALENDAR for OCTOBER

Please check school website for any last-minute changes.

Thank you to our October groundskeepers in Division 1.

- Oct. 4 School Picture Day
- Oct. 9-15 Fire Prevention Week
- Oct. 10 Thanksgiving school closed
- Oct. 14 Student Recognition
- Oct. 14 Pink Shirt Day
- Oct. 19 Early Dismissal Parent teacher conferences
- Oct. 20

Oct. 20

- Shake Out BC Earthquake Drill
- Oct. 21 Non-Instructional Day no school for students

- Early Dismissal - Parent teacher conferences

- Oct. 24-25 Rollerblading in the gym
- Oct. 31 Dress up Day
- Oct. 31 Halloween





## PHOTO DAY

Our school photo day is fast approaching! Please remember to mark Tuesday, October 4th, on your calendar, as Edge Imaging will be in the school that day capturing everyone's smiles. Edge Imaging provides a variety of photo options to capture your child's

true personality, preserving all their school day memories. For more information on photo day, please visit <u>www.edgeimaging.ca</u> for answers to frequently asked questions.



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Be sure to bring your smiles and remember to dress in our school uniform!

#### ROLLERBLADING

We have rollerblading booked for October 25 to October 29. We will need help from the PAC to keep costs low for our students. Rollerblades are provided, if you have a helmet, please bring it.





### CROSS-COUNTRY RUNNING CLUB

Ms. Thiessen has invited all Grade 4 and 5 students to join the cross-country running club. The students will be testing their endurance at 3 practice sessions at Dave Kandal as well as 3 running meets at Clearbrook Park on September 28, October  $5^{th}$  and  $12^{th}$ .

Reminders for the students participating:

- make sure you know when and where to arrive for the meets (Ms. Thiessen will give you this information). Please arrive on time.
- you must have your own ride to and from Clearbrook Park
- bring a water bottle

## Run Hard and Have Fun!

#### PARENT/TEACHER CONFERENCES

We will be dismissing early on October 19 and 20<sup>th</sup> Teachers will be available on October 19 until 7:00pm Appointments must be made with your child's teacher. More information will be coming from the classroom teachers.



#### TERRY FOX RUN

Thank you for your support of our **Terry Fox School Run on September 16**. Our students ran several laps around our school grounds. It was difficult but our students kept going, just like Terry! Staff and students raised \$136 to send to the Terry Fox Cancer Research Foundation.

#### HEALTH ASSESSMENT

A reminder that the health check needs to be done daily, <u>after</u> your child wakes up in the morning, before coming to school. To keep everyone healthy, if your child is not feeling well, please keep them at home.

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### STUDENT RECOGNITION

We had our first assembly of the year on September 16<sup>th</sup>. We were excited to start the year with a welcome assembly for students in Grades 1-5. We took a moment to go over a few student expectations as they are outlined in the student agendas. We also celebrated our blue slip recipients for the month of September!





#### HEALTHY EATING

As a parent, one of the most important things you do is to help your children learn healthy eating habits. Children need a balanced diet with food from all 3 food groups—vegetables and fruit, whole grain products, and protein foods. Children need 3 meals a day and 1 to 3 snacks (morning, afternoon and possibly before bed). Healthy snacks are just as important as the food you serve at meals.

The best foods are whole, fresh and unprocessed—fresh fruits and vegetables, whole grains, dairy, and meats; and home-cooked meals.

## STUDENT FOOD ALLERGIES

Please be aware that Division 5 (Ms. Lamb) and Division 6 (Ms. Bajwa) are NUT FREE ZONES. Students in these classes should not be bringing any food that contains nuts into the classroom.

We ask you to enjoy your nut products at home to avoid complications for students with nut allergies.

### OUTSIDE PLAYTIME

Our students will be going outside regularly. In these unusual times, we are required to have different groups of students in different outside play areas. That means the fields will be used at recess and lunch regardless of weather. Students will need to have proper raingear including rain jackets and rain boots. A change of clothes should also be kept at school, for all students, in case of slips and falls in wet weather.



## FIRE PREVENTION WEEK - October 9-15

Fire Prevention Week<sup>™</sup> is October 9 to 15, 2022 and the theme is "Fire won't wait. Plan your escape". Today's homes burn faster than ever. You may have as little as two minutes (or even less time)

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to safely escape a home fire from the time the smoke alarm sounds. Your ability to get out of a home during a fire depends on early warning from smoke alarms and advance planning. Visit the National Fire Protection Association's (NFPA) official Fire Prevention Week website for tons of great information, activities, ideas, resources and more!

Use this fire safety information to support your emergency planning at home!

#### SCHOOL LUNCHES

Students stop for their lunch break at 11:57am and enjoy some time with their classmates over lunch. Please be sure to send your child's lunch with him or her when they leave for school in the morning. Lunches are not to be delivered to the school.

#### DAILY ATTENDANCE

If your child is going to be away from school, please report

your child's absence by doing **one** of the following:

1. Call 1-844-487-3701

- 2. Go online to "go.schoolmessenger.com"
- 3. Download the SchoolMessenger app from the App store (Iphone) or Google Play (android phone)

#### IN THE SCHOOL

Please call the school at 604-856-7342 or send an email to <u>davekandal@abbyschools.ca</u> to make an appointment.

#### SCHOOL PARKING LOT

We appreciate your assistance in ensuring our students arrive and depart from school safely. Parents needing to stop and come to the school are asked to park in the school parking lot or on Crestview Avenue and walk with their children down the sidewalk to the school. Please note the following details about traffic:

- Drop-Off/Pick-Up Lane:
- There is no parking in this lane immediately beside the school sidewalk. Students are either readily dropped off or picked up here. The driver must be in the car at all times when cars are in this lane.



💸 SchoolMessenger®

- Drive-Through Lane:
- No parking is allowed in this lane.

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**PARENTS AS LITERACY PARTNERS: "Together, we make literacy happen!"** Parent support with **Home Reading Programs** is invaluable in building students' reading skills. Primary students should read or be read to for 10-15 minutes a night. Intermediates should spend 20-30 minutes a night reading and then sharing what they read with parents when finished.

### PARENT ADVISORY COUNCIL (PAC) NEWS

Our first PAC meeting was on September 28 at 8:30 am. We need your help to have a strong successful PAC! Being involved can be fun and rewarding.

Having a strong PAC enables us to access services and funding from the school district and the provincial government as well as providing a vibrant school environment for our students!

### KANDAL'S STUDENT CODE OF CONDUCT

Throughout the first few weeks of school classes will review our expectations for safe and friendly student behavior. Students will have a copy of our "Student Code of Conduct either as an insert in their Planners or as an individual printed copy to take home. This contains the **rules of safe and successful behavior** in and around the school along with redirection possibilities for misbehavior if needed.

We summarize our intentions for correct behavior in the "Sonics Code of Success":

- S: SUCCESS
- O: ORGANIZED
- N: NICE
- I: INTEGRITY
- C: CREATIVE S: SERVICE
- "We are Organized"

"We strive for Success"

- "We are Nice"
- "We have Integrity"
- "We are Creative"
- "We provide Service"

## SCHOOL MISSION STATEMENT

The staff at Dave Kandal Elementary is committed to providing the highest standards of instruction and to promoting student achievement in a safe and cooperative atmosphere. We believe that students are to feel safe, secure, and welcomed in an educational environment that stresses:

Courtesy, Acceptance, Responsibility and Respect.

